

The Shuttlecock Game

The Zuni Indians of New Mexico made shuttlecocks out of corn husks, feathers and cordage. Bundles of husks were shaped to form a square and tied around the top. The Zuni called the game po-ke-ahn. Players batted the feathered husks into the air with their hands. Bets were placed as to how many times each player could keep his shuttlecock in the air. This game was popular among the younger boys and older men of the tribe.

Materials needed : dried corn husks, yarn and feathers

Take two corn husks run them in a little warm water then place them on a paper towel to drain. Take one corn husk, roll it length-wise to form a pencil shape, the starting from the skinny end roll the "pencil shape" into a ball. Holding on to the "ball" place it inside the other corn husk and wrap

the "ball" up completely with the husk then tie the top with your yarn. Place two(or more) feathers in the top and then tie them into place.

This game can also become a team activity played much like badminton.

